

Great Tree Zen Women's Temple

SUMMER ZAZEN PRACTICE DAYS



Four Saturdays on Zoom

<https://zoom.us/j/5232119427>

June 25th, July 23rd, August 27th,
and September 17th

9:30 a.m. to 4:30 p.m.

For more details: email info@greattreetemple.org

WWW.GREATTREEMPLE.ORG

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SUMMER ZAZEN PRACTICE DAYS SCHEDULE

9:30 a.m. to 9:55 a.m.	Zazen
10:00 a.m. to 11:00 a.m.	Dharma Talk
11:00 a.m. to 11:10 a.m.	Kinhin or Break
11:10 a.m. to 11:50 a.m.	Zazen
11:50 a.m. to 1:00 p.m.	Lunch Break
1:00 p.m. to 1:40 p.m.	Zazen
1:40 p.m. to 1:50 p.m.	Kinhin
1:50 p.m. to 2:30 p.m.	Zazen
2:30 p.m. to 3:00 p.m.	Break
3:00 p.m. to 3:40 p.m.	Zazen
3:40 p.m. to 3:50 p.m.	Kinhin
3:50 p.m. to 4:30 p.m.	Zazen